

Surgical Extractions

INFORMATION LEAFLET

SHELLEY & POPE

Dental Practice & Referral Centre

Your referral

We are pleased to see patients from other practices for surgical extractions. You will remain a patient of your own dentist and continue to see them for your regular dental care.

The dentists

- ▶ Andrew Shelley BDS MSc MFGDP(UK) DPDS MGDS RCSEd FFGDP(UK) FDS RCSEd Dip Rest Dent RCS Eng
- ▶ Simon Pope BDS (Hons) MJDF RCSEng PG Dip (Endo)
- ▶ James Tinning BChD MFDS RCPS (Glas) PG Dip (Rest)

Our private practice is fully equipped and our dentists are experienced in surgical extractions. We have high standards of infection control so that you can be reassured that you will be treated safely. We have been inspected and are fully registered with the Care Quality Commission.

Why a surgical extraction?

Some teeth are difficult to extract. The way to extract them is by a surgical approach. This means that the tooth is released from its socket by removing some of the surrounding bone. It is all done through a small flap of gum which is stitched back again afterwards.

What happens on the day of the extraction?

Firstly we will want to know all about your medical history. This is so that we can treat you safely. We very often like to take a new x-ray of the tooth even if you have already had one taken by your own dentist. We sometimes take special views that give us further information. We will extract your tooth and usually leave you with a few small stitches. The whole appointment will be about 45 minutes.

Does it hurt?

Your tooth will be extracted under local anaesthesia, a normal dental injection. You will not feel any pain during the extraction though there may be some mild discomfort. You should not get severe pain after a surgical extraction but you may get some moderate pain. You may also get some swelling and bruising so don't be alarmed if you see this. It will resolve over the next 7 to 10 days.

Can I have sedation?

We do not normally carry out surgical extractions under sedation. If you are very anxious about dental treatment we can make special arrangements for sedation. However, this will delay extraction of your tooth and will be more expensive.

How many visits will I need?

In most cases we will need a second visit to remove your stitches and make sure that everything is healing well.

Do I need antibiotics?

Antibiotics are used to treat infections but are rarely necessary after extractions. After removal of a troublesome tooth, infections nearly always resolve without antibiotics. We would only use antibiotics if we thought that an infection was spreading rapidly.

Are there any special instructions for after the extraction?

We have included a separate sheet with all your post-operative instructions. If you are worried, please telephone us on 0161 320 4230 or see our website www.andrewshelley.com and click on "EMERGENCIES".

What are the possible complications?

The incidence of serious complications is very small and the possibility of complications should not prevent you from having a surgical extraction. However, you should be aware of them.

Complications following surgery in the upper jaw include, among other things, displacement of the tooth into the sinus cavity, sinus infection, post-operative infection, bleeding, swelling and inflammation. Complications following surgery in the lower jaw include, among other things, numbness of the lower lip or tongue, post-operative infection, bleeding, swelling and inflammation.

Can the gap be filled after my extraction?

We are a specialist practice and your regular dentist can refer you to us for dental implant treatment for the replacement of missing teeth. If you would like to consider dental implants to replace your missing tooth, then please ask us for further information. We have patient information leaflets and price lists which can give you.

Price list

In most cases we will be able to extract your tooth for our regular fees. In the most difficult cases we may have to advise you of a different fee or even refer you to a specialist oral surgeon. However, we will always advise you of this before doing any treatment. For a guide to our current fees, please see our accompanying fee guide or our website.

How to make an appointment

Please call in or telephone us on **0161 320 4230**. Our reception staff will be pleased to make you an appointment at a convenient time.

The Practice

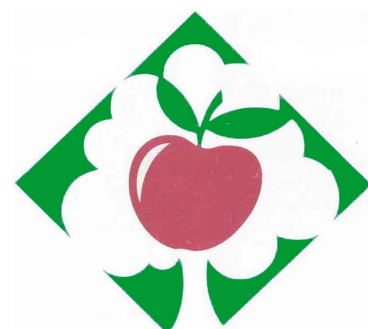
Our practice is situated on Stockport Road in Denton about 250 yards South from Denton Centre "Crown Point". There is easy parking on side streets and a public car park very near on Town Lane.

The practice is easily accessible via the M60 motorway. If you are coming from the South, take junction 25 and follow signs for Denton. This will take you directly to the practice after about 3 miles. If you are coming from the North take junction 24 and then take the M67 motorway. Take junction 1 of the M67 then turn right at the T junction at the top of the slip road. This road will take you directly to the practice in just under half a mile.



Shelley & Pope Dental Practitioners

117 Stockport Road,
Denton,
Manchester
M34 6DH
0161 320 4230



Advice following surgical extraction

▶ Bleeding

The most common problem after an extraction is bleeding. If you get bleeding then, firstly, give your mouth a gentle rinse and get rid of any blood in your mouth. Then, we have given you some packs to use. Roll one into a pad and dampen it slightly. Use it to apply pressure directly onto the place which is bleeding. You can use biting pressure if you are sure that you have got the pack in exactly the right place. Better is to press on the pack with your fingers so that you know you are applying pressure in exactly the right place. Do this for 5 to 10 minutes whilst sitting up. Don't lie down for this because it raises the blood pressure in your head and makes bleeding more likely. That will stop the bleeding in most cases. If it doesn't work first time then repeat the procedure.

If you run out of packs, use a clean cotton handkerchief. Don't use a paper handkerchief or cotton wool. The fibres will engage into the blood clot. When you remove it will then disturb the clot and start the bleeding again.

Exercise can also start the bleeding again so it isn't a good day to go to the gym or reorganise your furniture. Also, smoking affects the blood supply to your mouth and it makes post-operative infection more likely.

▶ Pain

You should not get severe pain after a surgical extraction but you may get some moderate pain. You may also get some swelling and bruising so don't be alarmed if you see this. It will resolve over the next 7 to 10 days.

An effective pain killer for dental pain is Ibuprofen. You can buy this over the counter at the pharmacy. Nurofen contains ibuprofen but you can buy plain ibuprofen more cheaply. You must not use ibuprofen if you are asthmatic, it can bring on an asthma attack. Also, those with stomach problems should not take ibuprofen. It can cause irritation to the stomach lining. In these cases, paracetamol is a good alternative. In all cases, follow the instructions on the packet and do not exceed the maximum dose.

▶ Rinsing

Once any bleeding has stopped, it is best not to rinse for the first day. The socket will heal by a blood clot forming in the socket and so it mustn't be disturbed. On the second day the blood clot will be much more stable so you can rinse your mouth with warm salty water. Just a teaspoon of salt in a cup of warm water will do it. Three times a day for the first few days is good. It is a mild antiseptic and will help healing.

▶ Eating and drinking

Again, the key point is not to disturb the healing blood clot so just be aware of this for the first few days. Other than that, eat and drink whatever is comfortable for you.

▶ Brushing your teeth

Avoid brushing in the area of the extraction for the first few days but don't forget to clean your other teeth. Start brushing normally as soon as it is comfortable.

▶ In case of worries

Contact the practice if any pain persists or worsens, if swelling persists or worsens or if the bleeding persists. Contact us on our telephone number 0161 320 4230 or visit our website www.andrewshelley.com and click on "EMERGENCIES"