

Dentistry under Sedation

Information leaflet



SHELLEY & POPE

Dental Practice & Referral Centre

Dentistry under Sedation

You have been offered your dental treatment under sedation. This is to help you relax. Most people find that this is a pleasant and acceptable way of receiving dental treatment. The sedation agent is administered through a small injection in the back of the hand or front of the elbow. Once you feel drowsy and sufficiently relaxed, local anaesthetic can be given to numb the mouth and any dental work can commence in a relaxed manner. Sedation will be carried out by our dedicated dental sedationist, Dr Kathleen Byrne. One of our dentists will provide the dental treatment whilst Dr Byrne takes care of you under sedation.

During the procedure you will feel peaceful and largely unaware of what is going on; in fact, many people do not remember anything about their treatment afterwards. At the end of the session you will be allowed to recover until you are fit enough to be discharged home with your escort.



What happens at the first visit?

Firstly we will want to know all about your medical history. This is so that we can treat you safely. We will need to do a full examination to determine what treatment you need/want and to plan how many visits you will need to complete this. We will assess the veins in your arms and speak with you about your fears and concerns. After this appointment you will receive a full treatment plan with costs explained. We can then book an appointment for the sedation.

Before the sedation appointment

- ▶ Do not eat or drink two hours prior to the appointment. Before this time you should have a light meal e.g. toast/tea, coffee or fruit juice. Do not drink alcohol on the same day as your sedation appointment.
- ▶ Any illness occurring before the appointment should be reported immediately as this can affect treatment.
- ▶ Advise your dentist of any changes in medications. Medicines should be taken, as normal unless stated otherwise, and brought with you to the appointment.
- ▶ Remove of any nail polish from your fingernails please.
- ▶ Arrange a suitable escort to be present with you at the appointment (see below)
- ▶ Inform the dentist if you might be pregnant or if you are breastfeeding
- ▶ Do not bring anyone else with you other than the responsible adult who will take you home.
- ▶ Please wear short sleeves or a single layer of light clothing that can easily be rolled up past your elbow.

At the sedation appointment

- ▶ You MUST be accompanied by a responsible adult (over 16) who must remain in the waiting room throughout your appointment. This person will escort you home afterwards and arrange for you to be looked after for the following 24hrs. Your escort should take you home after treatment by private car rather than public transport.
 - ▶ You will not be asleep during treatment, but you will be sedated. This means that you will feel relaxed and comfortable. A cannula (small plastic tube) will be placed into a vein to enable administration of the sedation drug. To allow placement, a needle will momentarily be placed in either the back of your hand or the front of your elbow. This will feel like a small scratch, like having a blood test.
 - ▶ Once you are sedated, local anaesthetic will be administered by injection in your mouth to numb the area to be treated.
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After the sedation appointment

For 24hrs after sedation you MUST NOT

- ▶ Drive
 - ▶ Operate machinery
 - ▶ Use any domestic appliance
 - ▶ Drink alcohol
 - ▶ Return to work
 - ▶ Make any important decisions or sign legal documents
 - ▶ Do rest for a few hours, eat lightly and take the rest of the day quietly. If you normally take medicines, make sure that you take these in the normal way.
 - ▶ Please follow the instructions above to help make treatment under sedation pleasant and uneventful. Please feel free at any time to ask the dentist any questions you may have about your treatment.
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What are the risks of sedation?

Intravenous sedation can slow down your breathing. We overcome this by monitoring you very closely and giving oxygen if needed. Another possible complication is bruising to your hand or arm after the injection.

Costs

We will charge a consultation fee for your initial appointment. From this we will be able to plan your treatment and give you a full quotation for your treatment in advance. For our current fees, please see our accompanying fee guide or our website. Please note that there will be a separate fee for sedation in addition to our usual fees for dental treatment.

How to make an appointment

Please call in or telephone us on 0161 320 4230. Our reception staff will be pleased to make you an appointment at a convenient time.

The Practice

Our practice is situated on Stockport Road in Denton about 250 yards South from Denton Centre “Crown Point”. There is easy parking on side streets and a public car park very near on Town Lane.

The practice is easily accessible via the M60 motorway. If you are coming from the South, take junction 25 and follow signs for Denton. This will take you directly to the practice after about 3 miles. If you are coming from the North take junction 24 and then take the M67 motorway. Take junction 1 of the M67 then turn right at the T junction at the top of the slip road. This road will take you directly to the practice in just under half a mile.



SHELLEY & POPE DENTAL PRACTICE AND REFERRAL CENTRE

117 Stockport Road,
Denton,
Manchester
M34 6DH

0161 320 4230

