

PRE-SEDATION INSTRUCTIONS AND CONSENT

You have been offered sedation to help you relax. Most people find that this is a pleasant and acceptable way of receiving dental treatment. The sedation agent is administered either through an injection in the back of the hand or the front of the elbow. Once you feel drowsy and sufficiently relaxed, local anaesthetic will be administered to numb your mouth and the dental work will commence. During the procedure you will feel peaceful and largely unaware of what is going on; in fact many people do not remember anything about their treatment. At the end of the session you will be allowed to recover until you are fit enough to be discharged home with your escort.

Before the appointment

- 1) Do not eat or drink for two hours before your appointment. Before this you should have a light meal, e.g. toast and tea, coffee or fruit juice.
- 2) Any illness occurring before the appointment should be reported immediately, as this may affect your treatment.
- 3) Advise your dentist as to whether you are taking any medicines. Medicines should be taken as usual, unless advised otherwise, and should be brought with you to your appointment.
- 4) Remove any nail polish from your fingernails please.

At the appointment

You **MUST** be accompanied by a responsible adult (over 16) who must remain in the waiting room throughout your appointment, escort you home afterwards and arrange for you to be looked after for the following 24 hours. Your escort should take you home after treatment by private car rather than public transport.

After the appointment

For 24 hours after sedation you **MUST NOT**

- . Drive
- . Operate machinery
- . Use any domestic appliance
- . Drink alcohol
- . Return to work
- . Make any important decisions or sign any legal documents

Please follow the instructions to help make your treatment under sedation both pleasant and uneventful. Please feel free at any time to ask the dentist or nurse any questions that you may have about your treatment.

Sedation Consent

I understand that I am to have intravenous sedation via an injection into the back of my hand or the front of my elbow; this can sometimes result in a small amount of bruising. I agree to follow the instructions.

While under sedation I will have the following treatment carried out.

Signed _____ Date _____